

Abdominal
EXAMINATION
Routine

- Observe general state of patient
- Screen for AAA
- Palpate for lymphadenopathy
- Place patient supine with bent knees
- Superficially palpate in a spiral
- Deep palpation
- Palpate for Spleen size

- Palpate for Liver size
- Percuss for Liver size
- Palpate for enlarged Kidney
- Percuss for Ascites
- Auscultate Abdomen
- Check for inguinal hernias

Recording Findings

- Obs: Looks sick/pale/pallour/grey
- AAA: NAD
- Lymphadenopathy: NAD
- Superficial palpation: Muscle guarding
- Deep palpation: Nad
- Liver: Norm
- Spleen: NAD/Enlarged/Palpable
- Kidney: NAD/Enlarged
- Shifting dullness/Ascites: NAD
- Hernial orifices: Right/Left NAD